

# School of Christian Living – Spring Semester, Term 1



Sign up now for classes in the School of Christian Living, Spring Semester, Term 1, which begins on Tuesday February 7 and continues through March 13.

## **Prayer: Why and How We Pray**

**Led by David Novello and Elizabeth Gelfeld**

Why and how do we pray? The class will examine these questions and other aspects of prayer. We will discuss how we learned to pray, what we do in the way of prayer now, and types of prayer with which some of us may not be familiar. Participants will be asked to bring their favorite prayers, which we will discuss. We will also take a close look at the Lord's Prayer.

## **Seekers as a Welcoming Community**

**Led by Denise LeClair, Roy Barber and David Lloyd**

Our gender and sexuality empower and limit our experience of the world and of the Holy Spirit. Similarly, our mental health status, including addictions, affects how we interact in both secular and spiritual dimensions. We will explore how all of these affect each of our interactions with others daily, in our worship and in our Christian servanthood, and how we can support each other in promoting full participation and healing

of old wounds of discrimination, including wounds inflicted by the Church.

Classes begin at 7:45.

Join us for a simple before-class dinner at 7:00 (\$4 donation)

To register, use the sign-up sheet at Seekers or [email Jacqie Wallen](#).

## **SEEKERS SCHOOL OF CHRISTIAN LIVING**

### **What is the Seekers School of Christian Living?**

The Seekers School of Christian living is an educational program offered by Seekers Church, an intentional Christian community in the tradition of the Church of the Saviour. We have two spring and two fall terms and offer two courses in each term. The terms are each six weeks long. Sometimes there are short courses between the terms. Courses cover a wide variety of Biblical, Christian, community-building, and personal and spiritual growth topics. They typically blend discussion, class activities, and homework that emphasizes reflection and the practice of spiritual disciplines.

### **How much do the classes cost?**

The classes are free. During the spring and fall semesters, a light dinner, open to all, is served before the class. A donation of \$4.00 is requested from those who share in the meal.

### **Do I have to be a member of Seekers Church to attend?**

The School of Christian Living welcomes all who seek spiritual growth and knowledge, whether or not they are members of

Seekers Church.

**How do I sign up for a course?**

[Click here to e-mail Jacquie Wallen](#) or sign up Seekers Church on Sunday after worship.