

# A Prayer for Help Finding Our Voices in Difficult Times

## Praying for Peace and Justice on July 7, 2024

Let us Pray.

Holy One, Help us.

The World is on fire and at home, we see our beloved but flawed democracy in peril even as we celebrate the birth of our country.

We look around and see freedoms we've woven into our society's fabric over decades or centuries taken from us – voting rights, reproductive rights, and a founding principle of our democracy: that no one is above the law.

We don't know how to talk to those with whom we disagree and some of us, at least, don't even want to learn. We despair for our country and in our despair, we lose our voices. We beseech you to break open our hearts so that we can be the people you want us to be, so that we can go forth with your blessing to work for your kingdom.

Amen.